

Oesophagus

Case 1

38 years old man complains of intermittent dysphagia for over 2 years but recently has got much worse. He feels food sticking in the lower part of his chest and upper abdomen. He finds it more difficult to swallow liquids than solids. At times he woken up at night due to cough from food spilling over into windpipe

Questions

1. What is the actual abnormality?
2. How do these patients present?
3. What are you going to do next?
4. What are your treatment options?
5. What are the complications of surgical treatment?

Case 2

53year old man has been on conservative management for GERD for 3 years with regular endoscopic surveillance. He has returned for an esophagogastroduodenoscopy (OGD) earlier than his scheduled appointment complaining of dysphagia with food sticking in the lower retrosternal region. He has epigastric discomfort, and is found to be anemic.

Questions

1. What do you understand by Barrett's esophagus?
2. What are you going to do next and what is the pathology?
3. What is the management?
4. What are the complications?