

Covid-19 In health care Workers

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Introduction

A healthcare worker is someone who provides care and services to the sick and ailing, either directly as doctors and nurses or indirectly as helpers, laboratory technicians and There are approximately 59 million healthcare workers, and they like other workers such as miners and construction workers require protection from workplace hazards ,The protection of health-care personnel is critical not just for sustaining patient care in pandemic-affected health-care systems, but also for ensuring that they do not disseminate the virus to others such as: Corona Virus (Covid-19) is a type of virus that affects the respiratory system



Materials and Methods

HCWs in hospitals are at a greater risk of getting into touch with COVID-19 patients and should protect themselves by wash their hands before and after putting on gloves ,Keep their hands away from their faces ,Surfaces should be disinfected using certified cleansers or a bleach solution ,Wear protective clothing like as gowns, gloves, masks, and eye shields, wash any contaminated clothing in hot water and take the necessary vaccinations is very important , You, your patients, and your family members should all be protected ,Make sure you have all of the immunizations you need.



Discussion

In order to fulfill the growing demand for health care during infectious outbreaks, HCWs are required to work longer shifts. Meanwhile, a lack of social support, poor sleep quality, isolation from family and friends, fear of transmitting the disease to their families and coworkers, and direct contact with patients are all factors that contribute to HCWs developing greater psychological issues. Furthermore, HCWs are required to wear protective equipment during working hours, which slows down their movement and causes respiratory difficulty, all of which are aggravating factors for HCWs' psychological symptoms. and the HCW's occupational job, specialized training and previous experience working during crises are all elements that influence how they respond to various psychological stressors.

Conclusion

In healthcare workers the vaccines and prevention techniques are very helpful in preventing Covid-19

Results

For the safety of our patients and colleagues, the health-care personnel is vaccinated against COVID-19. We know the vaccines are safe and effective at preventing serious disease and death from COVID-19 after administering more than 300 million doses in the United States and over 4 billion doses worldwide. Increased vaccinations among health-care workers will not only slow the spread of COVID-19, but will also lessen the toll the virus is having on the health-care profession That why the HCWs must take vaccinations to reduce the chances of infection with the Corona virus to protect themselves and protect society

Reference

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